

Halton – The new home of track cycling

Located at the base of the Niagara Escarpment, the Mattamy National Cycling Centre is the cornerstone of cycling in Canada. This landmark venue provides a variety of track programming and training opportunities for cycling enthusiasts of all ages and skill levels. This destination is a great place to meet! There's a Bike Shop and Café on site. Other Centre features include a 250-metre

Category 1 Homologated (certified) Cycling Track, Fitness Centre, a walking/jogging/training track, an expansive infield area suitable for sporting events, trade shows and conferences, and an unobstructed view to the Niagara Escarpment.

For more information, visit www.MattamyNationalCyclingCentre.ca



Please visit us online at Halton.ca/cycling
Multiple distance options for routes
More suggested routes
Halton's Share the Road Program
Cycling Safety
Cycling and the Environment

Bikes don't have airbags. Be patient. Be safe. Share the road.

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Indulge in a little **Oakville**
HAMILTON CHAMBER OF COMMERCE

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Halton REGION
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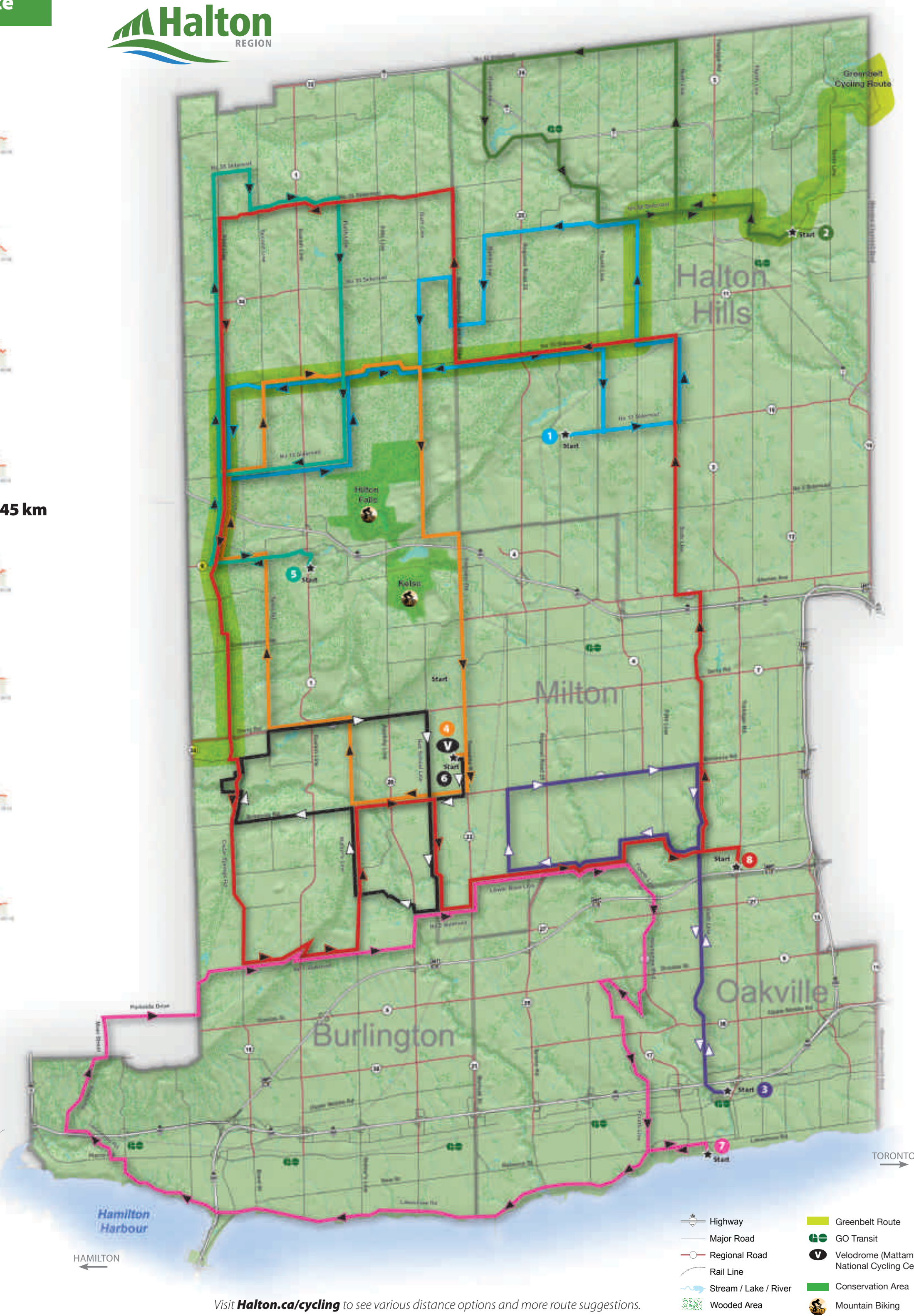
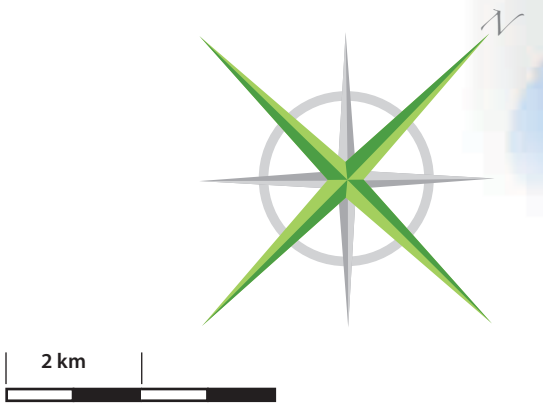
Bike routes at a glance

- 1 Limehouse Loop – 60 km**
Total climb – 356 m
- 2 Leathertown Spin – 37 km**
Total climb – 272 m
- 3 Tour de Trafalgar – 40 km**
Total climb – 192 m
- 4 Velodrome Vista – 50 km**
Total climb – 338 m
- 5 Campbellville Crossroads – 45 km**
Total climb – 213 m
- 6 Escarpment View – 36 km**
Total climb – 273 m
- 7 Lakeshore Fondo – 70 km**
Total climb – 434 m
- 8 Heatmap 100 – 100 km**
Total climb – 544 m

See Halton.ca/cycling for more details



Building a Bicycle Friendly Ontario
sharetheroad.ca



Visit Halton.ca/cycling to see various distance options and more route suggestions.

Mountain Biking in Halton



The area offers exceptional mountain biking at two Conservation Halton Parks with trails to suit all abilities and fitness levels. **Kelso** is one of Ontario's premier mountain biking destinations with 16 km of trails and a popular weekly Mountain Trail Biking Race Series. The park offers single track, double track and thrilling downhill on a clay based soil surface. **Hilton Falls** has 18 km of biking trails comprised of three rock and soil trails. Tight turns, tough rock sections and steep downhill are sure to provide an exciting day out.

conservationhalton.ca/mountain-biking



Halton Region – home to all things cycling



Halton Region is uniquely situated to offer exceptional opportunities for cyclists of all skills and ages to ride in our beautiful Region.

Whether you're cycling along our waterfront in Oakville and Burlington or riding the rural roads in Milton and Halton Hills,

there's something for everyone who wants to get outside and stay active.

For young families and recreational cyclists, we have safe multi-use paths and a number of dedicated on-road bicycle lanes. For more committed cyclists, we offer beautiful views along challenging routes on the Niagara Escarpment.

Everyone is invited to join the PwC Epic Tour Halton, the GTA's GranFondo and one of the largest mass cycling events in Canada, held every year in September.

With the new Mattamy National Cycling Centre in Milton, Halton Region is also the new home to track cycling in Canada.

Enjoy your time cycling in Halton, no matter how long or short your stay, and see why Halton Region is such a great place to live, work, raise a family and retire.

Gary Carr,
Regional Chair
Halton.ca

Halton

Home of
Cycling
in Ontario

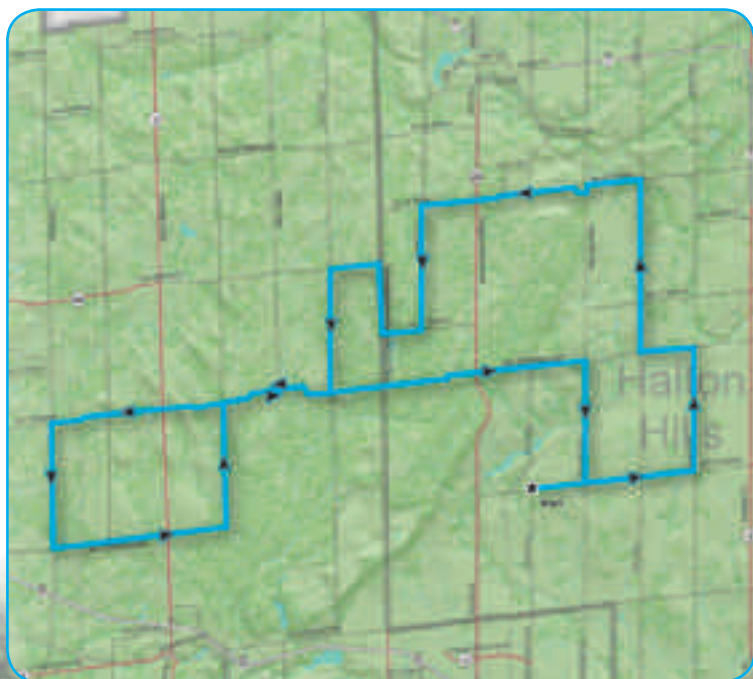


Halton Region Cycling Map



LIMEHOUSE LOOP

1



Park at Andrews Scenic Acres and Scotch Block Winery where you can pick your own fruit or try one of their renowned fruit wines. Head off on your 60 km journey into the pastoral farmland of Halton Hills and make your way to the Village of Limehouse where limestone was quarried and burned in limekilns from the early 1840's. The Limehouse Conservation Area is a beautiful spot to take a break and also provides access for hikers to the Bruce Trail. Ride back along Side Road 15, the most popular cycling road in Halton.



CAMPBELLVILLE CROSSROADS

5

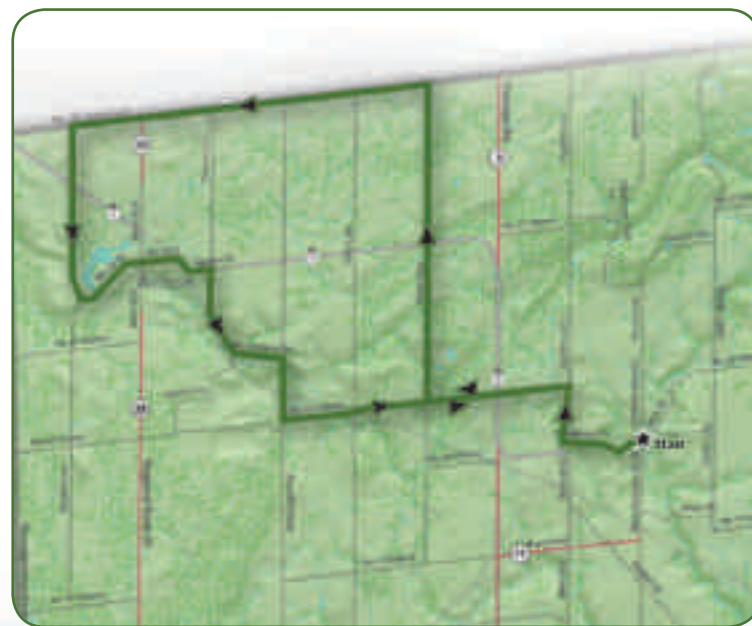


The Village of Campbellville is home to Mennonite furniture shops, antiques and popular spots for food and ice cream. Halton's First Nations Heritage is richly celebrated at the Crawford Lake Iroquoian Village. This 45 km route explores the north west portion of Halton, home to superlative cycling on roads that are less frequently used by cars. On the way home, consider visiting the nearby OLG Slots at Mohawk Raceway to cheer on your favourite race horse and try your luck!



LEATHERTOWN SPIN

2

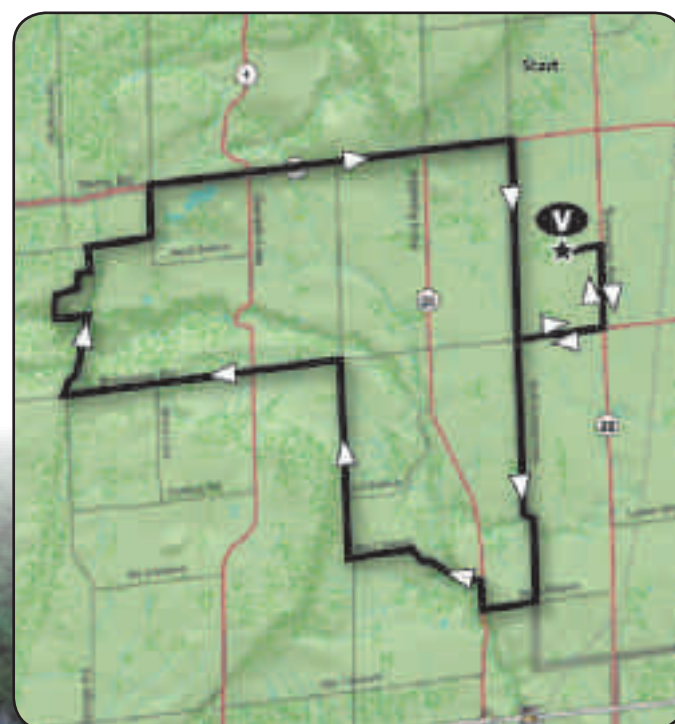
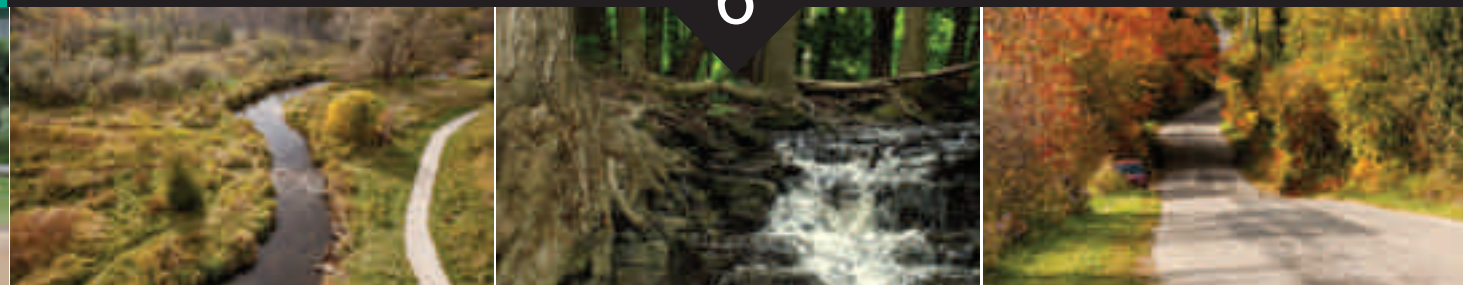


This 37 km route begins along the rural roads of Halton Hills, cycling across the top of the Region and into Acton. The historical home of the tanning industry, which first began here in 1844, "Leathertown" boasts Canada's largest leather store. The ride ends in the pretty hamlet of Glen Williams on the northern edge of Georgetown where you will find the Williams Mill Visual Arts Centre, two picturesque historic buildings that house the studios of over thirty accomplished visual artists. It's worth the ride to Acton!



ESCARPMENT VIEW

6



Breathtaking views of rich agricultural land and the Niagara Escarpment are everywhere on this 36 km route. Park at the Mattamy National Cycling Centre (Milton Velodrome), then head over to Bell School Line and down into beautiful rural Burlington. Cycle under the impressive rock face of the Escarpment on Walker's Line. You'll eventually wind your way back up to the Village of Kilbride. Make sure you stop in at the General Store which has operated in the village since 1866.



TOUR DE TRAFALGAR

3



From outside Halton, take your bike on the GO Train or use the convenient parking at the Oakville GO Station. Head up through the heart of the former Trafalgar Township, named back in 1806 after Cape Trafalgar where Horatio Nelson led the English fleet to victory. Cycle west across Lower Base Line, acclaimed by cyclists as one of the finest cycling roads in the Region. Leave some time at the end of your 40 km ride to enjoy the dynamic dining, shopping and cultural heritage of downtown Oakville.



LAKESHORE FONDO

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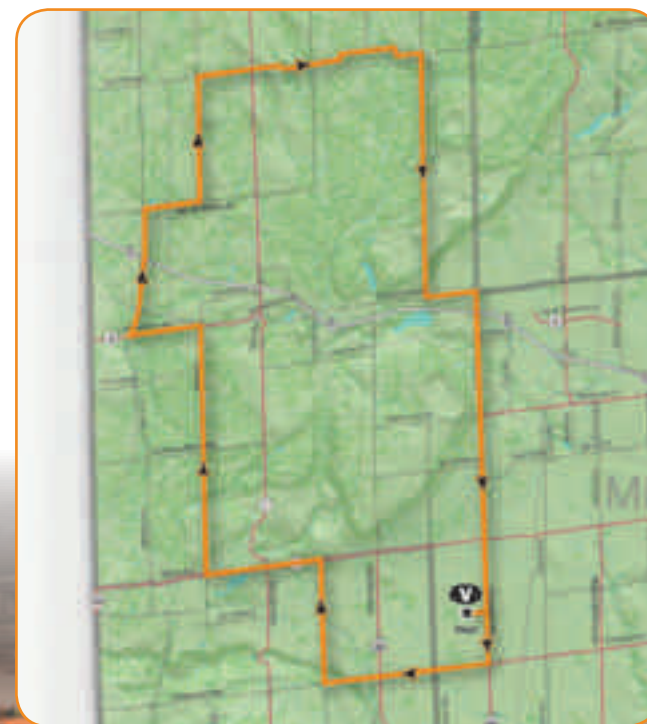


A classic Halton "big ride", the Lakeshore Fondo is an exploration of both city and country. The 70 km route takes you across the shore of Lake Ontario westbound from enchanting Oakville through the beautiful, lakeside City of Burlington, the geographic centre of the Golden Horseshoe. Enjoy the climb up the Escarpment into the beautiful Victorian Village of Waterdown. Head back to Oakville through the rolling rural country roads of First Line and Lower Base Line, two top favourites of cyclists in the area.



VELODROME VISTA

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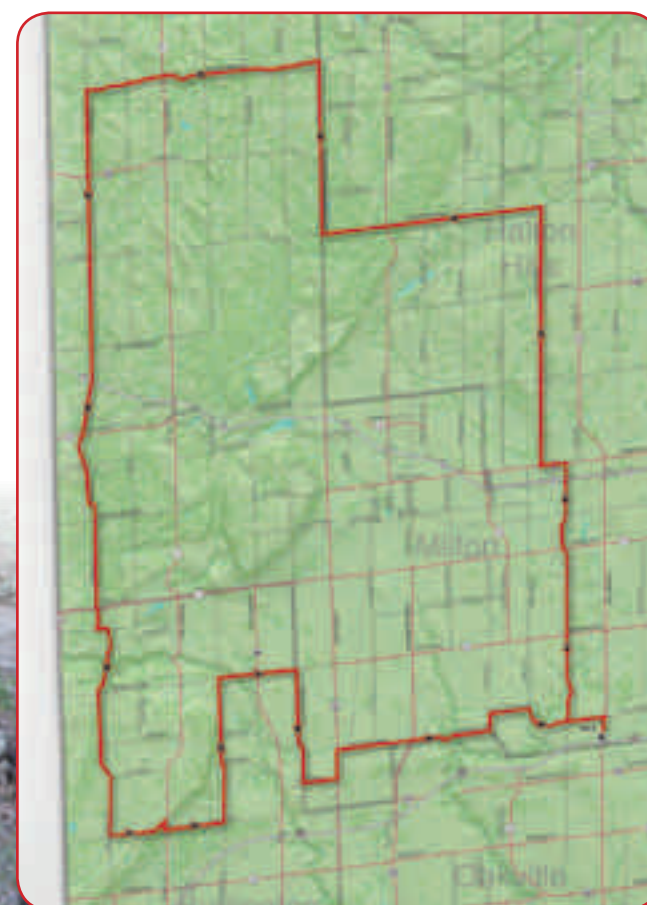


Start at the Mattamy National Cycling Centre (Milton Velodrome), a distinctive landmark set below the iconic Rattlesnake Point, which is also home to both the Ontario Cycling Association and Cycling Canada's Track Program. This 50 km route abounds with memorable scenery and postcard views. Cycling along Walker's Line brings you close to the impressive rock face of the Niagara Escarpment. Take another moment on Sixth Line to enjoy a magnificent panoramic vista looking south across to the slopes of Kelso's Glen Eden Ski Area.



HEATMAP 100

8



More ambitious riders looking to conquer the classic challenge of a metric "Century Ride" will enjoy this 100 km route starting at the conveniently located GO commuter parking lot at Trafalgar Road and Highway 407. Designed from GPS heat maps, comprised of the collective results of thousands of rides logged by riders using GPS apps, we know these roads get the most cycling traffic. You'll know why they're so popular when you experience the forests, farms, quaint villages, fresh country air and remote rural roads of this spectacular route.

