



Walk & Roll Events

2021-22 School Year

everymetrecounts.ca

September 2021						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

First Day of School!

September 7th

Walk or roll to school or the bus stop!

Pollution Prevention Week

September 20th – September 24th

Prevent pollution - walk to school!

Truth & Reconciliation Day

September 30th

Every Child Matters

October 2021						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

iWalk to School Month

October 2021

iWalk to School Day

October 6th

Take Me Outside Day

October 20th

Halloween

October 31st

November 2021						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Anti-Idling Campaign

November 2021

Organize an Anti-Idling Campaign for your school this month.

Remembrance Day

November 11th

Consider taking some time to remember our veterans while on a quiet walk.

December 2021						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Walking Wednesdays

December 2021

It might be snowing, but you can continue to walk and roll to school!

Keep the momentum going this month with Walking Wednesdays!

January 2022						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

New Years Day

January 1st

Start the year off with a crisp walk!

Family Literacy Day

January 26th

Celebrate literacy with a h-i-k-e!

February 2022						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

Winter Walk Day

February 2nd

Explore Canada's beautiful Winter Wonderland with a winter walk.

Family Day

February 14th

Connect with your family on a walk.

Pink Shirt Day

February 23rd

March 2022						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Nutrition Month

March 2022

Eat healthy. Travel healthy.

First Day of Spring

March 20th

Put some spring in your step!

Earth Hour

March 26th

April 2022						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Day of Pink

April 13th

Earth Week

April 18th – 22nd

Minimize your carbon footprint by walking and wheeling to school.

Earth Day

April 22nd

May 2022						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Child & Youth Mental Health Day

May 7th

Safeguard mental health with movement and social connection – walk to school!

Bike to School Week

May 30th – June 3rd

Participate in your school's Bike to School Week activities!

June 2022						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Bike Month

June 2022

Discover the joy of biking!

Bike to School Week

May 30th – June 3rd

Clean Air Day

June 6th

Minimize the number of cars on school sites. Walk or roll to school!



Every Metre Counts